

# Our partners and sponsors

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Yacht Crew Help  
the *lifeline* for crew



For more information about ISWAN, the organisation which operates Yacht Crew Help:

E-mail: [iswan@iswan.org.uk](mailto:iswan@iswan.org.uk)

Phone: +44 (0)20 8253 0161

Visit our website: [www.seafarerswelfare.org](http://www.seafarerswelfare.org)

ISWAN is a Registered Charity, number 1102946 and a Registered Company Limited by Guarantee, number 3171109

[www.yachtcrewhelp.org](http://www.yachtcrewhelp.org)

## What is Yacht Crew Help?

Yacht Crew Help is a free, confidential, multilingual helpline for professional yacht crew available all day, every day.

Despite the many benefits of working on board a superyacht, the challenges of working away from home for long periods and living in close quarters with colleagues can become overwhelming. Yacht Crew Help is here for superyacht crew, whatever problem they're facing, wherever they are in the world.

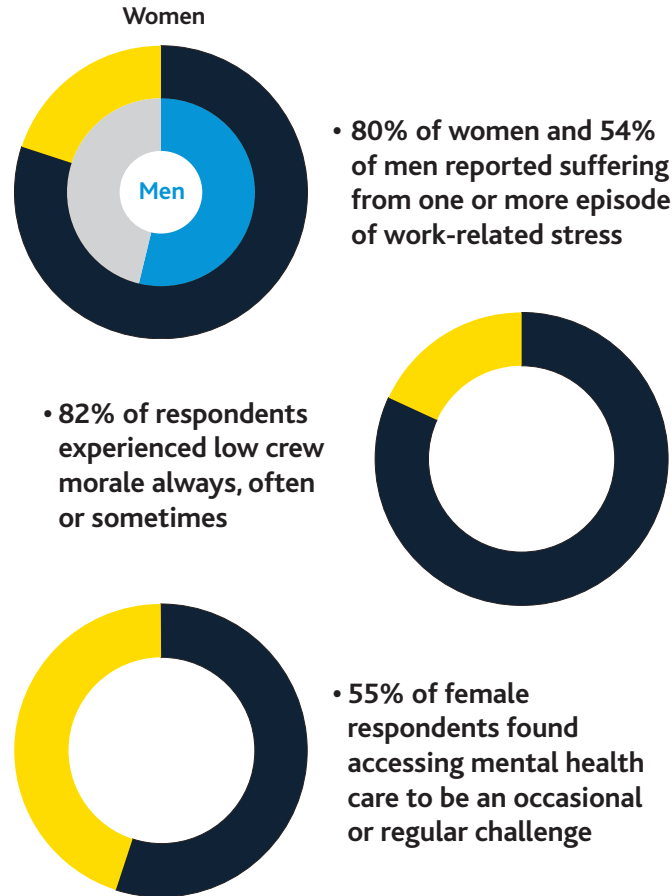
Our helpline officers are trained in counselling skills, suicide risk assessment and providing emotional support to crew all over the world. We're connected with a wide range of organisations and do whatever we can to find the help that is needed.

The programme is run by the International Seafarers' Welfare and Assistance Network (ISWAN), a charity which promotes the welfare of seafarers working in all sectors of the maritime industry.



## Why was Yacht Crew Help set up?

In 2018, ISWAN partnered with MHG Insurance Brokers to conduct a survey of seafarers working on superyachts to investigate welfare issues specific to the sector. The research report was published in December 2018 and revealed that:



In collaboration with a steering group of representatives from across the superyacht industry, ISWAN developed Yacht Crew Help to make sure men and women working on superyachts could easily access the support available to them worldwide when life gets tough.

## Feeling low?

### We are here to listen.

**Contact our helpline:** Whether you have a problem or question, or need someone to talk to, you can call or message us at any time, 24 hours a day, and speak with a helpline officer.

**Visit [www.yachtcrewhelp.org](http://www.yachtcrewhelp.org):** Our website contains information and guidance on a range of topics and issues affecting yacht crew, including: mental health and wellbeing, bullying and harassment, sexual assault, substance misuse and employment concerns. We also offer information about other organisations who support yacht crew and have a range of downloadable resources such as self-help guides.

### Contact us:



Email us:  
[help@yachtcrewhelp.org](mailto:help@yachtcrewhelp.org)



Live Chat at:  
[www.yachtcrewhelp.org](http://www.yachtcrewhelp.org)



Request call back:  
**+44 20 3713 7273**



Find us online at:  
[www.yachtcrewhelp.org](http://www.yachtcrewhelp.org)

### Our helpline is:

- Free
- Multilingual
- Confidential
- Available 24 hours a day, 365 days per year