



# Yacht Crew **Help**

the *lifeline* for crew

## Feeling low?

## We are here to listen.

Our helpline is:

- Free
- Confidential
- Multilingual
- Available 24 hours a day, 365 days per year



### Contact us:



Email us:

[help@yachtcrewhelp.org](mailto:help@yachtcrewhelp.org)



Live Chat at:

[www.yachtcrewhelp.org](http://www.yachtcrewhelp.org)



Request call back:

+44 20 3713 7273



Find us online at:

[www.yachtcrewhelp.org](http://www.yachtcrewhelp.org)

Yacht Crew Help is operated by ISWAN

